

Tummy Time by Age

2 Weeks to 6 Months Progression

Baby gets stronger every day with Tummy Time! You'll see these changes month to month as different skills develop.

Tracking Baby's progress on the playmat can help you notice if there's a delay.

2 Weeks



1 Month



2 Months



3 Months



4 Months



5 Months



6 Months

