

# Assessment of Infant Motor Development (1-4 months) in 5 Positions for PTs/OTs

Lynn Boswell PT, MS, Diane Fritts-Ryan, OTR/L, CNDT, Celine Skertich, PT, MS, PCS & Cheryl Patrick PT, MBA

**On-demand Time: 60 Minutes**

This course will cover the assessment of typical motor development in infants from 1 to 4 months of age using a structured, position-based framework. Participants will learn how to evaluate motor skills across five key positions: supine, prone, side lying, sitting, and standing, with a focus on alignment, core control, and movement quality. The course will review expected motor patterns at 1, 2, 3, and 4 months of age, supported by video demonstrations to enhance clinical observation and interpretation. General warning signs of atypical motor development will be introduced, along with incorporating a strengths-based approaches into the assessment process. Practical strategies for facilitating accurate observation and supporting caregiver understanding will also be discussed, along with clinical resources to promote ongoing developmental surveillance and early identification of concerns.

**Upon completion of this webinar, participants will be able to:**

- Classify typical motor development at 1, 2, 3, & 4 months of age across 5 positions
- Apply caregiver education strategies and clinical resources to support developmental surveillance and early identification
- Describe general warning signs of atypical motor development

## Audience

Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants

## Disclosures

### Course Director's and Planning Committee Members' Disclosure Information:

Jessica Hunter	Has nothing to disclose.
Melissa Kolski, PT, DPT	Has nothing to disclose.
Leslie Marriott, MSOT, OTR/L, BCP	Has nothing to disclose.

### Speakers, Moderators and Panelists' Disclosure Information:

Lynn Boswell PT, MS  
Diane Fritts-Ryan, OTR/L, CNDT  
Celine Skertich, PT, MS, PCS  
Cheryl Patrick PT, MBA

Has nothing to disclose.  
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## Accreditation Details

### Occupational Therapists:



The Shirley Ryan AbilityLab is an AOTA Approved Provider of professional development. Course approval ID #16352. This distance learning independent webinar is offered at 1.0 contact hours, 0.10 CEUs [intermediate level, foundational knowledge/OT service delivery]. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA

### Physical Therapists:

This online course has been approved by the Illinois Physical Therapy Board for 1.0 Contact Hours. Approval #216-000069

The Shirley Ryan AbilityLab is recognized by California and the New York State Education Department's State Board for Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education for 1.0 Contact Hours on 5/22/2026.

Many states accept continuing education contact hours recognized in other states, enabling professionals to use these hours to meet their licensing or certification requirements. Please consult your state regulations to see if this meets CEU requirements for your license.